

Spartan News

1/26/2024

Coaching Job Available

We are looking for boys tennis coaches for this spring season. The season runs from March to May. Apply at the link below.

<https://app.hirenimble.com/jobview/54324>

Social Dance

Reach Out Utah is holding free dance socials for students. These gatherings provide not only fun but also essential opportunities for personal growth, social development, and building lasting memories. Cost is 6\$ per student. See flier for more details.

8 PM DANCE INSTRUCTION
8:45 PM-10 PM DANCE

DANCE SOCIAL



SATURDAYS
8PM - 10PM
1/27
2/24
3/30
4/27 FORMAL BALL

AGES 14-18
60 N 100 E, SALEM

SPONSORED BY
ReachOutUtah.org



GET YOUR TICKET

ALC Open house

The Advanced learning center has an open house on Feb. 6th and 7th from 3:00-6:00. Come learn about the various courses they offer.

SheTech

If you have a 9th grade female student who is interested in STEM (science, technology, engineering, or math) please enroll her for SheTech early! SheTech is a full free day of STEM activities and workshops where girls can learn more about careers in STEM.

BYU STEM Event

The BYU Mathematics Education Association is hosting our annual "Discover STEM" event for 6th-8th grade students on Saturday March 9, 2024, 9:00-12:00 at the BYU Wilkinson Center. The Discover STEM Event is **free** and is an excellent opportunity for your students (and

you!) to see real-world applications of mathematics, statistics, science, engineering, computers, technology, and other STEM fields. Your students will learn and have a lot of fun as they experience the interactive and interesting activities provided by members of various STEM-related clubs at BYU! See flier attached to email.

MARCH 14 2024

EXPLORER DAY
SheTech
women's council

MOUNTAIN AMERICA EXPO CENTER

9TH GRADE GIRLS!



DON'T MISS THE OPPORTUNITY TO LEARN ABOUT GREAT TECHNOLOGY CAREERS FOR WOMEN. SIGN UP FOR THIS FIELD TRIP WITH MRS. JOHNSON IN THE COUNSELING OFFICE, OR GO TO THIS WEBSITE TO REGISTER:
[HTTPS://WWW.SHETECHEXPLORER.COM/](https://www.shetechexplorer.com/)

Upcoming Dates:

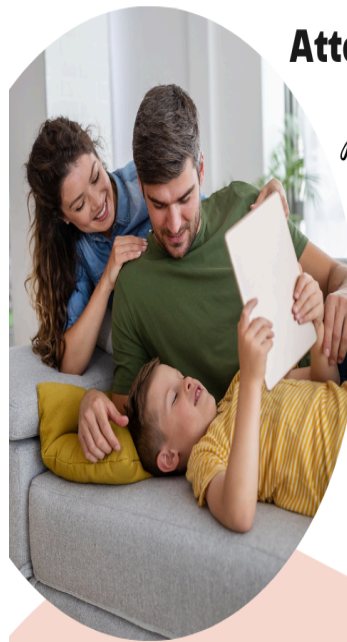
Jan 26 - District honors band

Jan 31- Orchestra Concert

Feb 5-9 - National School Counselor Week

Feb 7- Battle of the Books

Parent Courses:



Attention **Nebo** Parents

join our Mental Health Series focusing on...

Helping Your Child Succeed – Three Parenting Styles

February 15, 2024
6:00–7:00 PM via Zoom



REGISTER HERE:

<http://cookcenter.info/Feb15Nebo>



Bringing Hope
Opening Doors
Elevating Inclusion

Helping Neurodiverse Children At Home

Join us free online workshop!
Tuesday January 30th
7 - 8:30 PM via Zoom

Register at bit.ly/NeurodiverseHelp

This presentation will use the "Polyvagal Theory" to help parents understand the different states of a child's brain and teach coping strategies they can use to help their neurodiverse child stay calm, learn, and connect.

Guest Speaker

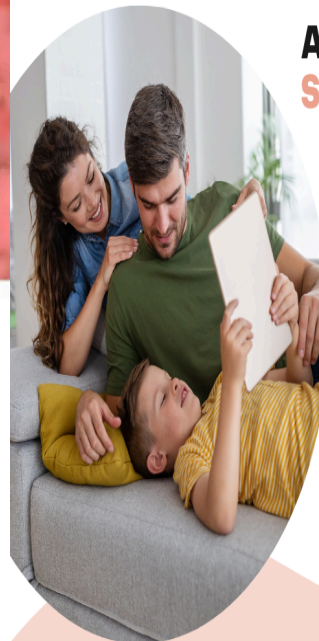


Thora Moore, LMFT

Thora is a family therapist at the Payson Family Clinic. Thora's approach to therapy is informed by Interpersonal Neurobiology and Neurodiversity. Her primary model is an experiential family therapy called Satir Growth Model, which she uses both with families and individuals. She loves to work with clients of all ages and has previously volunteered with families living with severe mental health, as well as victims of sexual assault and domestic violence. She has a soft spot for Autism, as she has multiple family members on the spectrum.

Questions?
Contact Heidi Whittaker, Parent Consultant
Serving Nebo School District
801-228-8144 | Heidi@utahparentcenter.org

More Events



Atención padres de **Nebo** **School District**...

únanse en nuestra serie de salud mental...

Ayudar a sus hijos a tener éxito

15 de febrero, 2024
6:00–7:00 PM en Zoom



Inscríbese aquí:

<http://cookcenter.info/Feb15NeboSp>



