

Nebo School District Jr. High Wrestling 2021-2022

Wednesday, November 17th (3:30 start)

Mapleton Bye
Payson @ Spanish Fork
Springville @ Salem

Wednesday, December 1st (3:30 start)

Salem @ Spanish Fork
Payson Bye
Springville @ Mapleton

Wednesday, December 8th (3:30 start)

Salem @ Payson
Spanish Fork @ Mapleton
Springville Bye

Wednesday, December 15th (3:30 start)

Salem Bye
Spanish Fork @ Springville
Mapleton @ Payson

Wednesday, January 5th (3:30 start)

Spanish Fork Bye
Mapleton @ Salem
Payson @ Springville

District Finals Monday January 10, 2022 (Mapleton Junior High)

All matches start at 3:00 (For District Finals), **Weigh-ins: Friday before the Tournament (January, 7th)**. You can start practicing on November 1st. Remember that all wrestlers need to be in school colors, singlets or shorts and a shirt with school name and colors. If a wrestler doesn't have the correct uniform they will be DQ, no exceptions. Long hair, either boy or girl, must be pulled tight to the back of the head.