

## **Salem Jr. Mar. 14, 2019 SCC Minutes**

### **In attendance:**

Rebecca Devenport, Rachelle Jackson, Dave Knudsen, Michael Stone, Tiersa Ward, Terry Krieger-James

### **Not in attendance:**

Cameo Johnson, Cecily Yeager, Keri Measom, Kim Stewart

### **Welcome (Rebecca)**

### **Nebo Student Wellness Policy Healthy Discussion 2018-19 (Tiersa)**

- Efforts to improve student wellness:
  - Health classes-set smart goals for wellness and fitness in class. This upcoming term they will be discussing mental health concepts (suicide prevention, depression, healthy habits, etc)
  - Counseling Department- SELFIE Challenge
  - Teachers keeping cell phones out of the classroom
  - Spirit of the Spartan on Monday mornings
  - Having faculty versus student games once every term
  
- Employees' wellness climate:
  - Teachers are required to meet wellness goals and are given gift cards and wellness days for meeting requirements.
  - Teachers can use the gym/weight room after school
  - Teachers try to move around classroom during instruction time
  - If enough teachers meet the requirements, the district gets discounted on insurance.
  
- Areas that our school identified as needing improvement for both students and employees.
  - Teachers are still passing out treats in class
  - Changing faculty breakfasts after morning professional developments to more healthy options
  - Move district suicide prevention training to earlier in the year because suicides tend to peak in March.
  
- Healthy choices for classroom rewards/celebrations:
  - Counseling department offers gift cards instead of treats for Spartan Gold medals.
  
- How well our school follows the Federal Smart Snack policy at lunchtime (Food items sold not part of lunch program that are not Smart Snack Compliant):
  - The vending machines at our school has more options than other schools, but they still meet the requirements.
  
- Recommendations for changes to the Student Wellness Policy (EFA)?

### **Fight the New Drug - handouts (Dave)**

- Flyers were given to parents on council to distribute to the community.

### **Career Week Changes – (Dave)**

- Instead of career speaker presenting during lunch, we are switching to having career speakers presenting during the day. We adjusted the date to May. We are in need of 20 more speakers.

- Michael suggested that we notify the city to see if we can get speakers from the fire department, police force, and librarians. Dave will pass this idea on to Cameo so she can reach out to the city.

#### **School Safe Routes (Dave)**

- Maps were distributed with the safest routes for students to get to school as well as instructions to parents on best places to drop students off. These “safest routes” were drawn using feedback through parents.
- The city is hoping to install a new stoplight to encourage parents to go around the block instead of going back to the stop sign.
- We should have a school resource officer next year that can help direct/enforce traffic.
- There may not be a crosswalk on the Salem canal road and 100 E. Dave will check with the city to see if we have crosswalks added.

#### **Other concerns?**

- NA

#### **Any items for next month’s agenda? (Cecily)**

- NA

**Meeting was adjourned at 3:35 p.m.**